



Additional information

Product Name	Sleep MAX Complex (with melatonin)
Suitable for Vegetarians	Yes
Suitable for Vegans	Yes

Microbiology, PAH, Pesticides and Heavy Metals

Total Viable Aerobic Count	Not more than 10 ⁵ cfu/g
Coliforms	Not more than 10 ³ cfu/g
Yeast	Not more than 10 ⁴ cfu/g
Mould	Not more than 10 ⁴ cfu/g
Escherichia coli	Absence in 10g
Salmonella	Absence in 25g
Heavy Metals	Not more than 10ppm
PAH	≤50µg/kg
Pesticides	Complies to EU regulations

Ingredients

Raw Material	Label Claim
Melatonin	Melatonin 1mg
Pyridoxine hydrochloride	Vitamin B6 5mg
Buffered magnesium bisglycinate	Magnesium 60mg
Valerian root extract 4:1	Valerian Extract 25mg (equivalent to 100mg Valerian)
Purple passionflower flower extract 10:1	Purple Passionflower Extract 25mg (equivalent to 250mg Passionflower)
L-tryptophan	L-tryptophan 25mg
Chamomile flower extract 10:1	Chamomile Extract 25mg (equivalent to 250mg Chamomile)
Hop cones extract 10:1	Hop Extract 25mg (equivalent 250mg Hop)
Microcrystalline cellulose	N/A
HydroxyPropylMethylCellulose	N/A
Caps HPMC Veg#00	N/A



Food Intolerance Data/ Allergen Labelling

Is the Product Free From:	Yes	No	Details
Celery Or Celery Derivatives	X		
Celeriac or Celeriac Derivatives	X		
Cereals containing Gluten (protein derived from Wheat, Rye, Barley, Oats, Spelt and Kamut)	X		
Crustaceans or Crustaceans Derivatives (Lobster, Crab, Prawns, Shrimps, Langoustines etc)	X		
Egg or Egg Derivatives	X		
Fish or Fish Derivatives	X		
Lupin or Lupin Derivatives	X		
Milk or Milk Derivatives (including Lactose)	X		
Molluscs or Mollusc Derivatives (Oyster, Squid, Cockles, mussels, Scallops, Snails etc)	X		
Nuts or nut Derivatives (Including any possible sources of cross contamination)	X		
Nut derived oils	X		
Peanuts or Peanut Derivatives	X		
Mustard and Mustard Derivatives	X		
Sesame seed or Sesame seed Derivatives	X		
Soya and Soya Derivatives	X		
Sulphur Dioxide and Sulphites at levels above 10mg/kg or 10mg/Litre expressed as SO ₂	X		
Any other potential allergenic substances:	X		

This product conforms to regulation (EC) No: 1881/2006 setting maximum levels for certain contaminants in food stuff, (EC) No: 396/2005 setting maximum residue levels of pesticides in food and (EC) No: 1169/2011 food allergen labelling